NIDCR Ruth L. Kirschstein National Research Service Awards (NRSA) support mentored training in biomedical, behavioral, and clinical research for individuals dedicated to solving problems in oral, dental, and craniofacial health.

These awards are ideal for predoctoral students, early stage postdoctoral researchers, and senior investigators seeking sabbatical training.

Applications are evaluated on:

- The qualities of the fellow and his/her research potential
- Qualifications of the sponsor/mentor
- The proposed research training and mentoring plans
- The training environment
Individual Fellowship Awards

**F30**: up to 6 years of support for combined predoctoral DDS-DMD/PhD training.

**F31**: up to 5 years of support for PhD training.

**F31 diversity**: up to 5 years of support for PhD training. Applicants must be from an underrepresented minority group, a disadvantaged background, or have a disability.

**F32**: up to 3 years of support for postdoctoral training (e.g., PhD, DDS, DMD, MD postdocs, and dentists seeking a PhD).

**F33**: up to 2 years of support for senior investigators, typically to support a sabbatical.

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**NRSA Fellowship Awards**

U.S. citizens, non-citizen nationals, and permanent residents are eligible to apply.

Require 100% full-time effort (normally 40 hours per week).

Provide a stipend at NRSA levels.

Support 60% of tuition up to NRSA limits:

- $21,000 DDS-DMD/PhD students
- $16,000 PhD students and degree-seeking postdocs
- $4,500 non-degree-seeking postdocs

Provide an institutional allowance.
NRSA Fellowship Frequently Asked Questions

How do I apply?

Funding Opportunity Announcements (FOAs) are accessed via the Internet at https://researchtraining.nih.gov/programs/fellowships. A description of the program, application instructions, and a link to grants.gov for electronic submission of the application are included in the FOA. The business office of an applicant’s sponsoring institution will facilitate electronic submission.

When are applications due?

F30, F31, F32, F33: August 8, April 8, December 8.

Diversity F31: August 13, April 13, December 13.

When are reference letters due?

A minimum of 3 and maximum of 5 letters are due at the application deadline.

Can I train at a foreign institution?

F30 applicants must be enrolled as graduate students in U.S. institutions. Foreign collaborations may be allowed. F31, F32, and F33 fellows may be trained at foreign institutions, if the research training is justified.

Can I perform clinical training during the award?

Only the dual degree F30 program supports clinical training.

When do I find out the status of my application?

Applications are reviewed and scored three times a year. Awards are made throughout the year. In general, it will take 6-12 months from submission to notice of award.

NIH FAQs on NRSA Fellowships

https://researchtraining.nih.gov/programs/fellowships
Funding Opportunity Announcements

Ruth L. Kirschstein National Research Service Awards (NRSA) for Students at Institutions With NIH-Funded Institutional Predoctoral Dual-Degree Training Programs (Parent F30)

Ruth L. Kirschstein National Research Service Award (NRSA) Fellowship for Students at Institutions Without NIH-Funded Institutional Predoctoral Dual-Degree Training Programs (Parent F30)

Ruth L. Kirschstein National Research Service Awards (NRSA) for Individual Predoctoral Fellows (Parent F31)

Ruth L. Kirschstein National Research Service Awards for Individual Predoctoral Fellowships To Promote Diversity in Health-Related Research (Parent F31 - Diversity)

Ruth L. Kirschstein National Research Service Awards (NRSA) for Individual Postdoctoral Fellows (Parent F32)

Ruth L. Kirschstein National Research Service Awards (NRSA) for Individual Senior Fellows (Parent F33)

More information is available through the NIDCR web page:
http://www.nidcr.nih.gov/careersandtraining

For any questions, please contact:

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October 2016